



MERCY CLINIC PRIMARY CARE N
PORTLAND
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November 21, 2023

Coach Carl Belford
Project Manager
The Come Up, Inc.
401 N.E. 46th Street, OKC, OK 73105

Dear Carl,

It's been a pleasure to witness first-hand the incredible opportunity The Come-Up Foundation provides to the underserved youth in Oklahoma City's urban core. I believe a martial arts lifestyle can help reduce the trend of obesity while also discouraging other unhealthy behaviors such as illegal drug and tobacco use.

Oklahoma has one of the worst obesity problems in America, most problematic in underserved communities.

In accordance with my conversations with Emmanuel and yourself, I am happy to donate 10 hours for each of the three years mentioned, 2024, 2025 and 2026 as part of your expansion. Of even more value, I will help identify options and a solid plan to provide health and wellness checkups for at-risk kids. I believe many in the medical profession would be honored to donate their time to help this as well as nutrition instruction.

We will get this done!

The value of this in-kind donation, would be \$10,000 for each of the three years.

On behalf of many of colleagues in the health care industry, I wish to thank you for your attention to detail in providing safety and well-being of our most valuable resource; Our Kids!

Sincerely,

A handwritten signature in black ink, appearing to read "Brendon McCollom".

Brendon McCollom, DO